

WHEN IT COMES TO POWERFUL PRESENTATIONS, THE PRESENTER'S ABILITY TO CAPTIVATE AND ENAGE THE AUDIENCE IS AS IMPORTANT FOR THE PRESENTER'S SUCCESS AS IT IS FOR ORGANZATIONAL SUCCESS



## Why is it so hard to speak in public?

Of all the phobias out there, did you know public speaking is considered the highest? Sweaty palms, dry mouth, churning stomach... no, these aren't the side effects of a prescription drug. This is how you feel when you get up to speak in front of an audience.

Statistics show 3 out of 4 people suffer from speech anxiety. Combine that statistic with the Pandemic, we now face having to deliver presentations online.

We envy those people who make public speaking look easy and think they have something we don't. Although public speaking is not as easy as it may appear by watching the pros, it is a skill that can be learned. Learning to speak effectively in front of others, whether in larger or small groups, is an essential skill required in today's workforce.

The ability to communicate clearly and convincingly will greatly enhance your influence, credibility and career potential.

What would be possible if you could nail that presentation?

### AN INVESTMENT IN YOUR LEADERS:



Increases Performance



Retains Talent



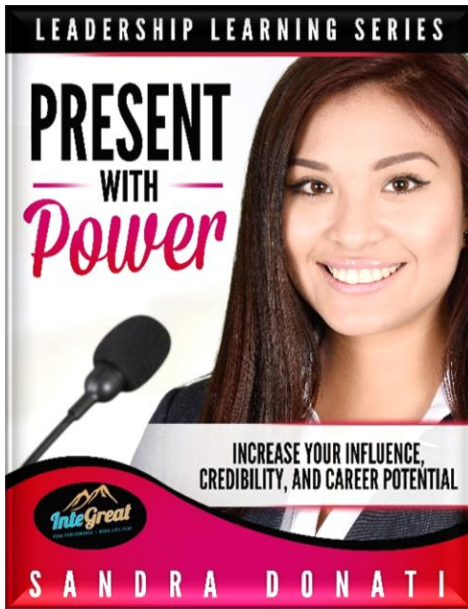
Drives Creativity & Innovation



Creates better Collaboration



## Workshop Handbook



### WHO SHOULD ATTEND?

Executives  
Managers  
Supervisors  
Team Leads  
Employees



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My *virtual* **Present with Power** workshop will teach attendees to develop the mindset to speak persuasively and powerfully. You will learn how to set the foundation to connect with your audience, design impactful visuals, deliver a powerful message, and techniques for dealing with nerves.

Implement my Present with Power speaking method today. I have designed engaging materials, lively discussion topics, and activities that guide participants in the following key outcomes:

- Define and Design an Effective and Engaging Presentation
- Learn how to hook your audience and deliver your message
- Learn how to use visuals and media to support your delivery
- Learn how to practice, refine, and prepare your presentation

After the workshop participants will not only increase their ability to effectively deliver powerful presentations and have a framework to plan, prepare, and deliver presentations with power.

### READY TO GET STARTED?

Here's how to implement a successful strategic planning process in three easy steps:

1. Decide – I'll help you decide who should be involved and why.
2. Prepare – I will customize your sessions to exceed your expectations.
3. Deliver – I will deliver the sessions in a fun and engaging way that will help reach resolutions more quickly and effectively.

Sandra Donati, EdS, is a faculty member of American University's School of Public Affairs where she teaches graduate level courses in leadership development. Sandra is the President, InteGreat Peak Performance. Work. Life. Play. LLC, specializing in organizational leadership development, employee engagement, change management, consulting and coaching with over 700 coaching hours. Prior to her retirement in 2018, Sandra was the Provost, Leadership Academy at the Pentagon Force Protection Agency (PFPA) responsible for the design and launch of the leadership academy in 2014. Her work at PFPA focused on leading change in a complex environment and teaching all levels of PFPA leaders from her Aspiring Leader Program, Leadership in Police Organizations Program, and executive level development program where she taught and graduated over 200 students.

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